



Lustig Park Disc Golf Course

Basic Rules of Disc Golf

1. Be earth-conscious: don't litter!
2. Disc Golf is played like ball golf, using flying discs. One stroke is counted each time the disc is thrown, and when a penalty is incurred. The winner is the golfer with the lowest score.
3. Tee throws must be completed within the designated tee areas.
4. Order of play-After teeing off, the player whose disc is farthest from the hole always throws first. The player with the fewest strokes on the previous hole is the first to tee off.
5. Stance-Fairway throws must be made with the foot closest to the hole on the spot where the last throw came to rest. The other foot may be no closer to the hole than the foot on this lie.
6. A run-up and normal follow-through, after release, are allowed more than 10 meters from the hole. Inside 10 meters, a player may not step past his/her lie. "Falling" or "jumping" putts are not allowed.
7. A disc that comes to rest inside the Disc Pole Hole® or chains constitutes successful completion of that hole. A disc that comes to rest on top of the pole hole does NOT constitute a successful putt.
8. A disc that comes to rest more than 2 meters above the ground is considered out of bounds. The disc must be thrown from the ground directly below the suspended disc, with a one stroke penalty.
9. A throw that lands out-of-bounds is to be carried in and played from the point where the disc went out-of-bounds, with a one stroke penalty. Out of bounds areas include roads, water, pavilions, and walkways. Alternate recreational rules do not include penalty strokes, but you should still always carry your disc back in bounds and off of roads and sidewalks.
10. Never throw until the players ahead of you are out of range, and until the fairway is completely clear of spectators and park guests. Be polite and patient in waiting for others to clear your path or skip that hole and play it later.

That's it! Have fun!



HOLE	1	2	3	4	5	6	7	8	9	PAR 29
PAR	3	3	3	3	3	3	4	3	4	
DISTANCE										

NAME										

10	11	12	13	14	15	16	17	18	PAR 29
3	3	4	3	3	4	3	3	3	

TOTAL PAR FOR COARSE 58

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